

In The Classroom... K12 student art on display in the LCS Front Office



# Central News

## Lockhart Central School

**Music at Midday – The Australian Army Band Kapooka**

Year 7-10 Music students enjoyed the concert provided at the Wagga Civic theatre.



**RESPECT SELF – RESPECT OTHERS – RESPECT PROPERTY**



### Celebrating Easter

This week, Primary attended an Easter Church Service.

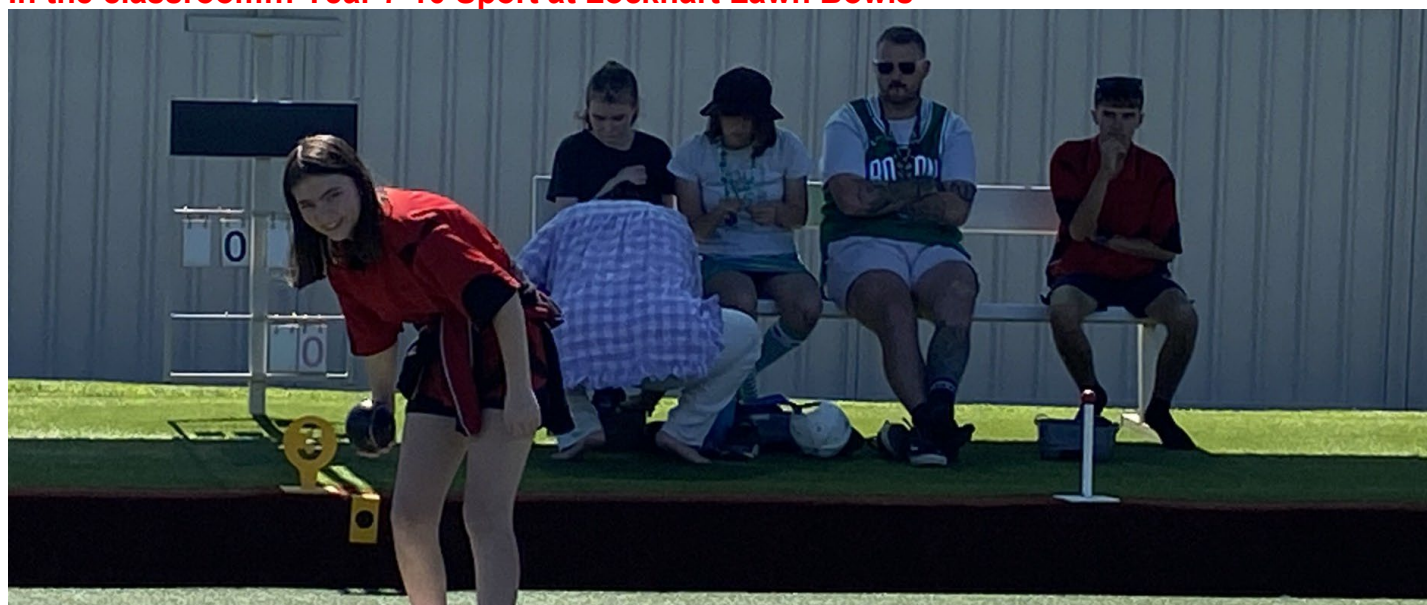




In The Classroom... Year 9 and 10 Food Technology



In the classroom... Year 7-10 Sport at Lockhart Lawn Bowls





## Cultural Diversity



### **SCHOOLTV: Cultural Diversity**

Cultural diversity encompasses the variety of cultures, beliefs, and traditions present globally, contributing to a rich tapestry of human experiences and perspectives. By valuing every child's cultural background, we enable them to excel in all facets of life. Nurturing an environment of curiosity, open-mindedness, and respect for all cultures, will not only promote unity but a deeper appreciation of the nuances that distinguish us.

Inclusion is about more than just words; it's about fostering a sense of belonging and acceptance for every child, regardless of their cultural background. When children and adolescents feel seen and valued for who they are, they can thrive academically, socially, and emotionally. Valuing and understanding cultural diversity, helps our communities benefit from a wealth of perspectives and experiences, enhancing our collective capacity for empathy and innovation.

As parents and adult carers, instilling an appreciation for cultural diversity is vital to equip young people with the tools they need to navigate an increasingly interconnected world. Through leading by example and showing that kindness and understanding knows no boundaries, we can encourage them to embrace multiculturalism. This will not only prepare young people for personal success, but also for contributing to a world that views diversity as a strength. Through collective efforts, we can help pave the way for a more accepting and vibrant future.

In this edition of SchoolTV, learn how best to embrace and celebrate cultural diversity with your children. We hope you take time to reflect on the information offered in this month's edition, and we always welcome your feedback.

If you do have any concerns about the wellbeing of your child, please contact the school wellbeing team for further information or seek medical or professional help.

Here is the link to your Edition:

<https://lockhart-c.schools.nsw.schooltv.me/newsletter/cultural-diversity-au>





**Upcoming events - Term 1 2024****April****Week 10**

- 1<sup>st</sup> – Public Holiday Easter Monday  
 3<sup>rd</sup> – LCS Whole School Assembly – 10am  
**3<sup>rd</sup> – Parent Teacher Interviews 3-6pm**  
 4<sup>th</sup> – LCS Cross Country  
 5<sup>th</sup> – Year 7-10 Tempo (Fruit Fly Circus)

**Week 11**

- 12<sup>th</sup> – Secondary LaserTag  
 12<sup>th</sup> – Last day of learning for Term 1

**Upcoming events - Term 2 2024****April****Week 1**

- 30<sup>th</sup> – Students begin Term 2 Learning

**May**

- 3<sup>rd</sup> – LCS Athletics Carnival

**In the Classroom...Year 11 English Studies**

Using technology and visual conferencing across Riverina Access Partnership (RAP) Schools.

**Breakfast Club**

Thank you to Lockhart IGA & Lockhart Lions Club & St Ives Rotary Club who are sponsoring our breakfast club.

**lionsaustralia**  
 75 years and counting

**Secondary Assessment – Term 1 2024****Preliminary**

**Week 10** – Business Studies, English Studies, Food Technology, IT Metal, IT Timber, Std Maths

**Week 11** – Agriculture, English Standard

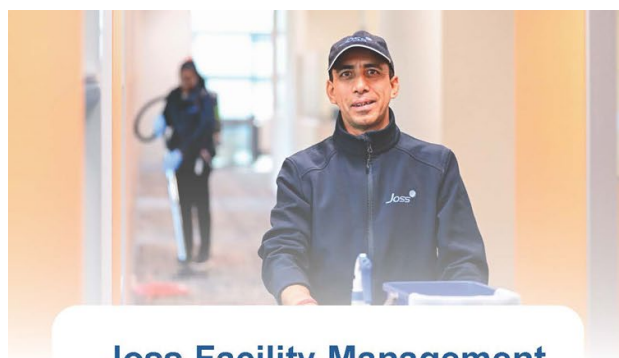
**Year 9 & 10**

**Week 10** – Food Technology, IT Wood

**Week 11** – Geography

**Year 7 & 8**

**Week 10** – Technology



### Joss Facility Management is hiring staff now

Joss Facility Management provides cleaning services to local Schools and other Clients in this area. We are looking for committed, local people to assist us in maintaining these sites by joining us as a Cleaner.



As a Cleaner, your tasks will include a mixture of general & periodical cleaning tasks, ensuring facilities are ready for use by students, teachers and Client representatives.



Joss Facility Management provide staff with a uniform, all equipment and training and a supportive work environment.



We invite you to register your interest in working with Joss by scanning the QR code or sending an email to [careers@jossgroup.com.au](mailto:careers@jossgroup.com.au)

Joss welcome you to visit our website [www.jossgroup.com.au](http://www.jossgroup.com.au) for further information on our Company.

We look forward to welcoming some new faces to our team.

**Secondary Sport – Term 1 2024****Week 10**

Free Sport – LCS Gym

**Week 11**

LaserTag – Wagga

**LOCKHART CENTRAL SCHOOL**

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**RESPECT SELF – RESPECT OTHERS – RESPECT PROPERTY**

# Why attendance matters

When your child misses school they miss important opportunities to:



Learn



Build friendships



Develop life skills



## Days missed = years lost

A day here and there doesn't seem like much, but...

When your child misses just...

they miss weeks per year

and years over their school life

**1** day per fortnight  
 = **4** weeks = Over **1** year missed

**1** day per week  
 = **8** weeks = Over **2.5** years missed





*Foster a connection with their hearts,*

*While teaching skills and boundaries.*

## Promoting Connection with your Child

**Sharing a positive connection** with your child is not only important for overall emotional wellbeing, it also strengthens developing relationship skills, creates relational security, and fosters a sense of belonging and self-esteem.

The following are a list of ideas for increasing positive connection with your child.

- *Being present* – Avoid distractions and offer your child undivided attention. Be attuned to what your child is doing and reflect this back to them to let them know you are completely with them.
- *Prioritise child lead activities* - Let your child take the lead and have autonomy on how they wish to spend your time together.
- *Encourage effective communication* – Model the use of 'I feel' and 'I would like' statements for your child to practice honest and direct communication of feelings and needs.
- *Emotion coaching* – Assist in recognising your child's emotions using observations and offer validation for how they are feeling. Once connection is made, work together to problem solve and meet their need, for example, meet anxiety with safe reassurance and encouragement.
- *Prioritise one-on-one activities* – Avoid high expectations for extravagant and expensive activities that are time consuming and difficult to share with more than one child. Simple connection building activities can be kicking a ball, reading a book, colouring in, learning something new together.

**School day check-ins** often result in short-worded responses when children are asked how their school day was!

Check out the **Conversation Starters** list to offer specific enquiry into their experience, encouraging more than one-word or yes/no answers.

### Conversation Starters

*What was the best/worst thing that happened at school today?*

*What made you laugh today?*

*What did you do today at school to help someone?*

*Did you hear anything funny today?*

*Who did you talk about at recess/lunch today?*

### Wellbeing tip

Parents- Take care of yourself!

- Find the 'work-family-life' balance that works best for you.
- Acknowledge limits and say 'no' where needed to extra tasks.
- Value nourishing sleep, exercise, and eating well.
- Take the time to recharge, rest or relax.
- Engage in things you enjoy or make you happy.
- Spend time with friends or workmates for positive social outlet.
- Engage in alone-time activities you enjoy that are just for you!