

# Central News

## Lockhart Central School

### Principal's Report

Welcome back to everyone for Term 4! I look forward to a fantastic final term. However, a return to school for Term 4 comes with COVID restrictions to support the health and safety of students, staff and the community.

- Primary students are highly recommended to wear masks. Secondary students will be required to wear masks at school.
- Only essential visitors will be allowed on site and will be required to check in and wear masks at all times.
- Parents and Carers are not permitted on site. Parents and Carers will need to remain outside of school grounds and follow physical distancing and avoid gathering for drop-offs and pick-ups.

Over the holidays has been a busy time at Lockhart Central School with new roofing on the Science, Art and Toilet blocks. Our oval has received an upgrade with new AFL and Soccer goals installed.

Stay safe and take care!

Janine Dunne – Principal

### School TV

As lockdown restrictions are slowly being lifted to varying degrees, we are entering a time of transition and adjustment. The circumstances of this situation have significantly impacted us all. For some it has been an opportunity to reflect on what is important, whilst others have embraced the opportunity to learn new things.

Many young people may be excited at the prospect of restrictions being lifted, whilst others may be feeling mixed emotions. Reactions will differ depending on how well they cope with stress and change. Keeping a check on your child's/children's mental health and wellbeing as they adjust to new routines, will be vitally important.

There is still a lot of uncertainty ahead of us, so focusing on the things you can control or enjoy doing, can help establish predictability and familiarity for the whole family. Adult carers need to provide young people with reassurance by acknowledging any concerns and fears they may have at this time. Consider this to be a normal reaction, however it may be best to focus more on their feelings and emotions, rather than the practicalities at this stage.

### LOCKHART CENTRAL SCHOOL

Phone: 02 69205209 Fax: 02 69205635 Email: [lockhart-c.school@det.nsw.edu.au](mailto:lockhart-c.school@det.nsw.edu.au)  
Web: [www.lockhart-c.schools.nsw.edu.au](http://www.lockhart-c.schools.nsw.edu.au) P.O. Box 70. Halliday Street, Lockhart, 2656



**Respect Self - Respect Others – Respect Property**

In this Special Report, we share a few ideas about how to help ease this time of transition. We hope you take time to reflect on the information offered in this Special Report, and as always, we welcome your feedback.

If you do have any concerns about the wellbeing of your child, please contact the school for further information or seek medical or professional help.

Here is the link to your special report [https://lockhart-c.schools.nsw.schooltv.me/wellbeing\\_news/special-report-coronavirus-transition-back](https://lockhart-c.schools.nsw.schooltv.me/wellbeing_news/special-report-coronavirus-transition-back)

### Wellbeing Referral QR Code

LCS now has added an easy step process that you can use to reach out for wellbeing assistance. Simply scan the QR code below and it will take you to a Wellbeing Referral form. Once you fill out the form it will be sent to the wellbeing team. We encourage both students and carers to access this way to reach out. Alternatively, you can contact the school by phone to organise to see the Student Wellbeing Officer/Chaplain (Lucas), School Counsellor (Annie), or Family Worker in Schools (Louise). It is important that you realise that you are not alone. We are here to help. If you are needing emergency mental health care:

**Kids Helpline:** 1800 55 1800

**Lifeline:** 13 11 14



### Term 4

#### Week 3

#### October

22<sup>nd</sup> – Book Week Dress Up K-12

#### Week 4

25<sup>th</sup> – Kinder Transition

29<sup>th</sup> – Year 12 Farewell Assembly

\*(students/staff only)

#### Week 5

#### November

1<sup>st</sup> – Kinder Transition

5<sup>th</sup> – RAP Graduation \*(students/staff only)

#### Week 6

Year 7 – 10 Exams

8<sup>th</sup> – Kinder Transition

#### Week 7

15<sup>th</sup> – Kinder Transition

#### Week 9

#### December

3<sup>rd</sup> – Year 12 Farewell \*(students/staff only)

\*Subject to change with COVID Restrictions

### Breakfast Club

Thank you to Lockhart IGA & St Ives Rotary Club who are sponsoring our breakfast club.





**Narrandera  
Garden Club** invites you to...

**GARDEN APPRECIATION DAY**

**Sunday 24<sup>th</sup> October 2021**

**9am – 3pm**

In accordance with COVID-19 regulations, a map of town gardens to appreciate from the footpath or roadside ONLY will be available at **The Shady Gum Nursery** for a donation of \$10 per person in support of Narrandera Can-Assist.

Included with the map is a voucher for 25% nursery discount on the day  
(Conditions apply)

**'How Ya Bean' Coffee Van** available at the Nursery  
Garden Club will provide a low-cost plant stall

In aid of Narrandera Can Assist – Enquiries: 0428 597 655 Email: julie.roffe@gmail.com

*Relationships Australia*



**'YOUR LINK TO SUPPORT'**

Family Workers in Schools are here to provide greater access to service for local communities.

Family Workers in Schools are aimed at assisting families to link into various support services. These may include;

- Housing and accommodation
- Financial assistance
- Parenting
- Drug and alcohol support
- Domestic violence
- Youth support
- Health
- Counselling and mediation
- Mental health
- Cultural support
- Health and wellbeing

LCS will host Louise - Family Worker on Tuesdays between 9am – 3pm.

If you would like to get in contact with Louise phone 0408 401 783, visit the school or drop into the Relationships Australia office located at



36-40 Gurwood St Wagga Wagga.

Relationships Australia Canberra and Region Inc acknowledges the Traditional Owners of country throughout Australia and their continuing connection to land sea and community. We pay our respect to them and their cultures and to the Elders both past and present.

**Joss**  
Facility Management

**CLEANERS WANTED**

Applicants need to be available to work Monday to Friday between the hours 5:00am-7:00pm.

- Split shifts: 5:00am-9:00am and 2:00pm-7:00pm
- Day shift available from 11:00am-3:00pm

careers@jossgroup.com.au  
www.jossgroup.com.au





**Expressions of Interest now open for enrolments in 2022.**

Open Wednesday, Thursday and Friday

8am-3:30pm

3-5yr olds

Phone Kristin on 69205156 or

Email

[director@lockhartpreschool.com.au](mailto:director@lockhartpreschool.com.au)