Knowing and Caring

Year 12 Farewell Assembly





Central News Lockhart Central School





Knowing and Caring

Bondi Rescue's 'Harries' talk - Change Up

Last Wednesday, Bondi Rescue's 'Harries' spoke to students from Lockhart Central and The Rock Central Schools. Students were engaged in his stories.







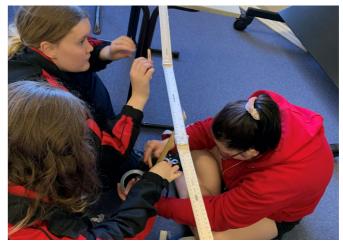


Knowing and Caring

In the classroom... Year 8 STEM Bridge building project















This month on SchoolTV - Online Gaming

Games are an integral part of human behaviour. It is normal and healthy for young people to engage in play as a part of their daily lives, including playing games online. And like most activities, online gaming can have both positive and negative outcomes. It can be intimidating and confusing for carers trying to understand a young person's online experiences with many considering that staring at a screen is an unhealthy habit. However, the World Health Organisation does believe that as well as the risks, there are also many positive benefits associated with online gaming and these could be key in nurturing bonds with others.

During the pandemic, there was an explosive growth of gaming as people sought much needed connection during isolation. In the media, gaming often gets bad publicity because most coverage tends to concentrate on the minority of gamers who play to such an extent that it compromises all other areas of their life. However, online gaming can teach young people many skills including teamwork, concentration, communication and problem-solving. It requires a level of interaction and skill from the player; unlike watching television, which is more passive.

Online communities provide opportunities for young people to feel socially connected and have a sense of belonging. At healthy levels, gaming can increase their self-esteem and social acceptance. However, any behaviour, when taken to extreme, can also have a negative impact on a young person's everyday life. Understanding what your young person experiences online and knowing the warning signs if they are at risk, will help nurture a more positive relationship with online gaming and help your family find the right balance.

If you are concerned about your young person's online gaming habits, it's important to consider a number of factors. This edition will provide strategies in how to deal with any issues you may be experiencing. We hope you take time to reflect on the information offered in this month's edition, and we always welcome your feedback.

If you do have any concerns about the wellbeing of your child, please contact the school for further information or seek medical or professional help.

Here is the link to this month's edition: https://lockhart-c.schools.nsw.schooltv.me/newsletter/online-gaming



REGISTER NOW! LOCKHART CENTRAL SCHOOL 125th CELEBRATIONS 125th CELEBRATIONS Friday 7th October 2022 Friday 7th October 2022 FREGORD DAY FREGORD DAY Halliday Street Lockhart NSW

FEATURING SAIAH FIREBRACE

REGISTER PRIOR TO THIS EVENT USING THE QR CODE



This is an Alcohol Free Event BYO - Chairs Purchase memorabilia on



The day Call (02) 69205209 or visitlockhartshire.com.au Food and drink vans will be onsite



CLS RES

Upcoming events - Term 4 OCTOBER

HOLIDAYS 7th – LCS 125 Years celebration on site 11am Week 1

10th – Students resume learning 12th-14th – Year 3-5 Check-in assessment 12th – K-10 CSU Future Moves 13th – Life Education Van Week 2 17th – 2023 Kindergarten Orientation 17th – Wagga Reserve Base Open Day 18th – Parent Teacher Interviews 19th – Police Liaison Visit Week 3 24th – 2023 Kindergarten Orientation 24th-28th – Valid8 Testing 24th-28th – Year 7-9 Check-in assessment

In the primary classroom...

Secondary Assessment Tasks - Term 4

Year 9 & 10 Week 1: Photography Week 3: History Week 6: Yearly Exams Year 7 & 8 Week 3: History Week 6: Yearly Exams

Breakfast Club

Thank you to Lockhart IGA & Lockhart Lions Club & St Ives Rotary Club who are sponsoring our breakfast club.

lions australia



75 years and counting



2023 LCS School Captain

Congratulations to our new Captain,Syd Brockwell, who was badged last week.





LOCKHART CENTRAL SCHOOL

Phone: 02 69205209 Fax: 02 69205635 Email: lockhart-c.school@det.nsw.edu.au Web: <u>www.lockhart-c.schools.nsw.edu.au</u> P.O. Box 70. Halliday Street, Lockhart, 2656



RESPECT SELF – RESPECT OTHERS – RESPECT PROPERTY

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